

DP MARTIAL ARTS ACADEMY
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(WESTWOOD)
 2018 SUMMER SCHEDULE (v.1)
JULY 2-SEPT.3, 2018

CLOSED:
July 4, Sept.3

PROGRAM NAME	AGES	MON	TUES	WED	THURS	FRI	SAT
PROGRAMS FOR CHILDREN & TEENS							
LIL' DRAGONS	Ages 5-6	NEW! 4:45-5:25		4:45-5:25			11:00-11:40 am
MIGHTY MITES	Ages 6-7	NEW! 4:45-5:26		4:45-5:25		NEW! 4:30-5:10	11:00-11:40 am
CHILD BEGINNERS-INTER (wht, yel, org, grn)	Ages 8-11	5:30-6:10 pm	6:00-6:40 pm	SUMMER MORNING CLASS 10:30-11:15am (starts July 11)	6:00-6:40 pm	NEW! 5:15-5:55	11:50-12:30 pm
CHILD INTERMEDIATE-ADV (Hi-grn, blu, purp, red)	Ages 8-11	6:15-6:55 pm	5:15-5:55 pm		5:15-5:55 pm	NEW! 6:00-6:40	10:00-10:40 am
CHILD ADVANCED (hi-red, bwn, Blk)	Ages 8-11	6:15-6:55 pm	5:15-5:55 pm		5:15-5:55 pm	NEW! 6:00-6:40	10:00-10:40 am
JUNIORS (all belts)	Ages 12-15		6:15-6:55 pm	7:00-7:40 pm	6:15-6:55 pm		11:50-12:30 pm
ADD-ON PROGRAMS FOR KIDS, TEENS, ADULTS (Members Only - additional registration required)							
BLACK BELT CLUB (BBC) & MASTERS CLUB (MC)	Members Only			(BBC & MC only) 5:30-6:45 pm			(MC - Only) 9:00-10:00 am
KUMDO (SWORD)	Members Only	(TBA)	(TBA)	(TBA)	(TBA)	(TBA)	8:15-9:00 am
XMA, TUMBLING & WEAPONS CLASS	Members Only			4:00-4:45 pm			
PROGRAMS FOR ADULTS							
ADULT TAEKWONDO	Ages 16-up	8:00-9:00 pm		8:00-9:00 pm			
KRAV MAGA (morning)	Ages 16-up	11:30-12:30 pm		11:30-12:30 pm			
KRAV MAGA (fitness & more self-defense training)	Ages 16-up	(for Beginners) 7:00-8:00 pm (All Levels) 9:00-9:45 pm	(All levels) 7:00-8:00 pm	(All Levels) 7:00-8:00 pm 9:00-9:45 pm	(All levels) 7:00-8:00 pm		(Level 2 & up) TBA
MEN'S GET TOUGH CHALLENGE	Ages 16-up		8:00-9:00 pm (members only!)		8:00-9:00 pm (members only!)		7:30-8:30 am (members only!)
CORE-FITNESS KICKBOX	Ages 16-up	NEW! 7:00-7:45 pm	7:00-7:45 pm		7:00-7:45 pm		10:00-10:45 am
BRAZILIAN JIUJITSU & GRAPPLING	Ages 16-up		8:10-9:30 pm All Levels (GI)		8:10-9:30 pm All Levels (GI)		(interschool cross-training schedule TBA)
JUDO (Kokushi Dojo) must register w/ Kokushi Dojo	Ages 15-up	7:45-9:15 pm		7:45-9:15 pm		7:00-8:15 pm	



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POLICIES: 1) Be 10 min EARLY for your class! 2) Pls keep your regular class schedule for your own good, and to control class sizes. Designated Makeup day is Sat. Any other day requires prior approval. 3) Keep uniforms CLEAN!